



OPMA Quarterly Report, Q3 2025

OCT 2025



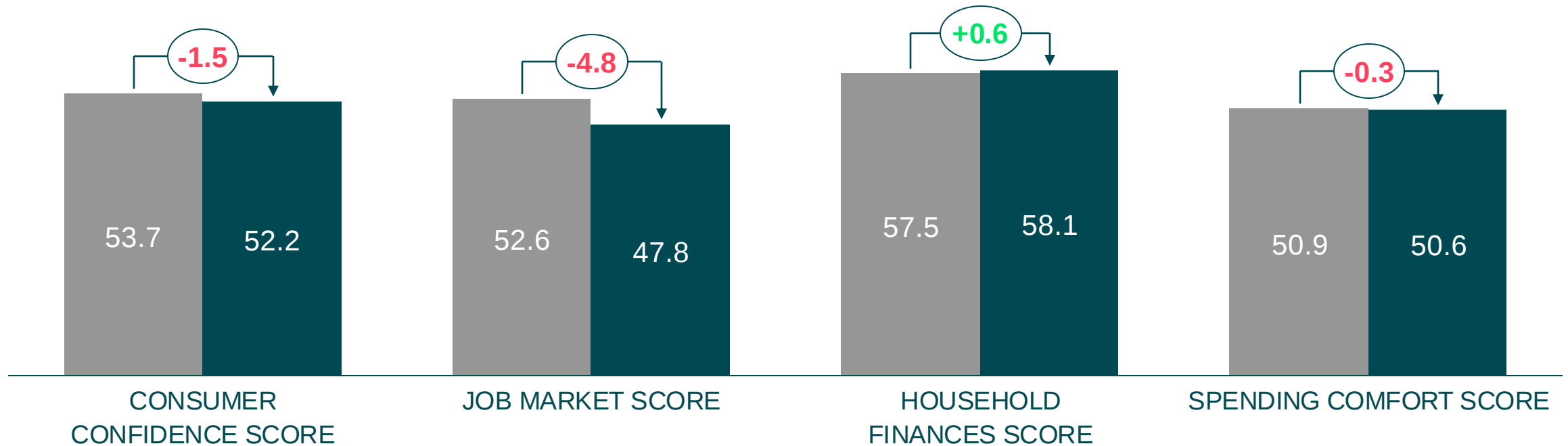
**What were Canadian
consumers' main
concerns in Q3 2025?**



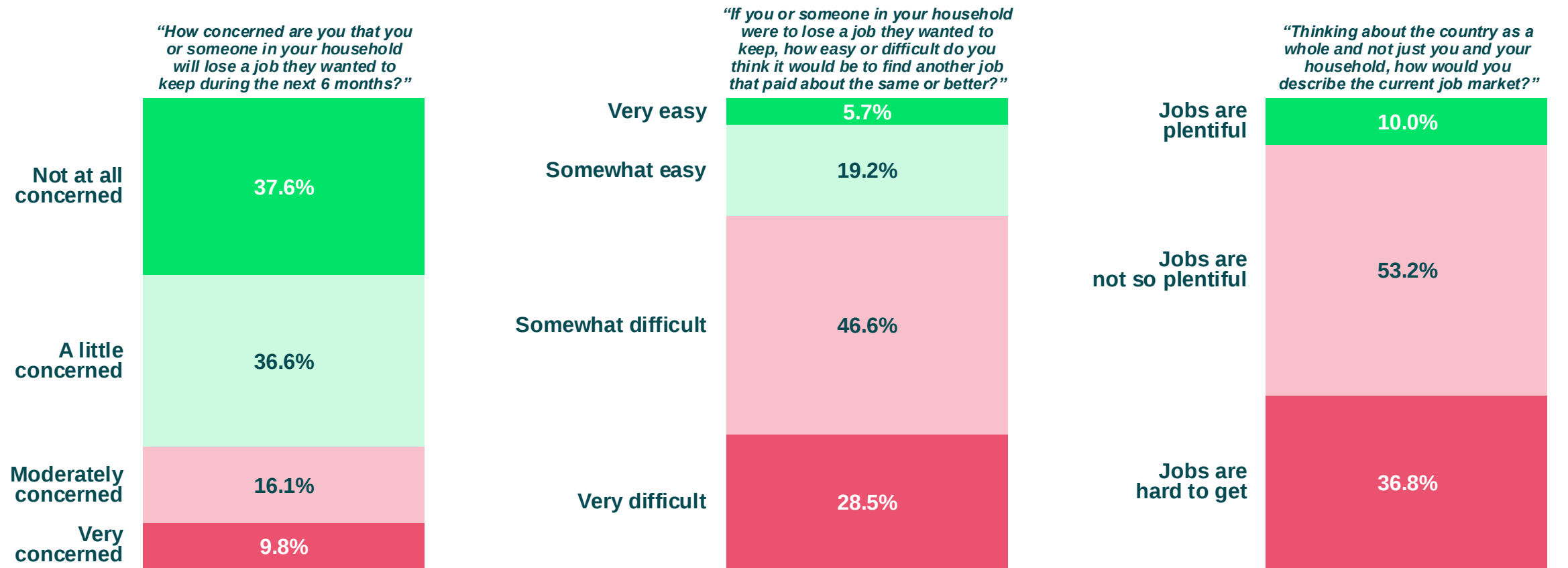
Confidence in the job market continues to decline, reaching its lowest point in recent history

Consumer Confidence Scores, 2025 September vs. Year Ago

■ Sept, 2024 ■ Sept, 2025



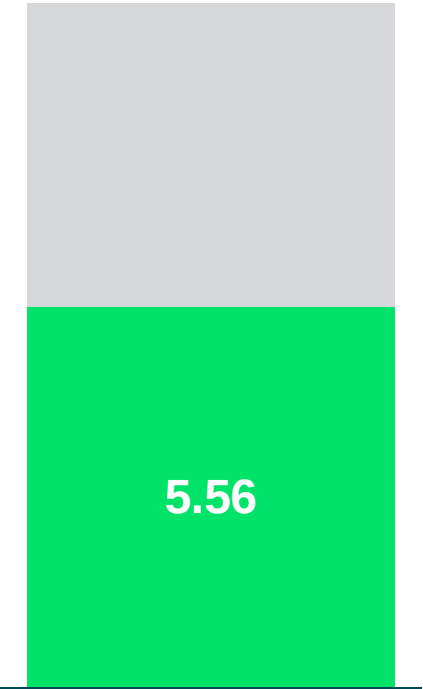
More than half of Canadians feel insecure in their current jobs; majority see the broader labour market as tightening, with few opportunities



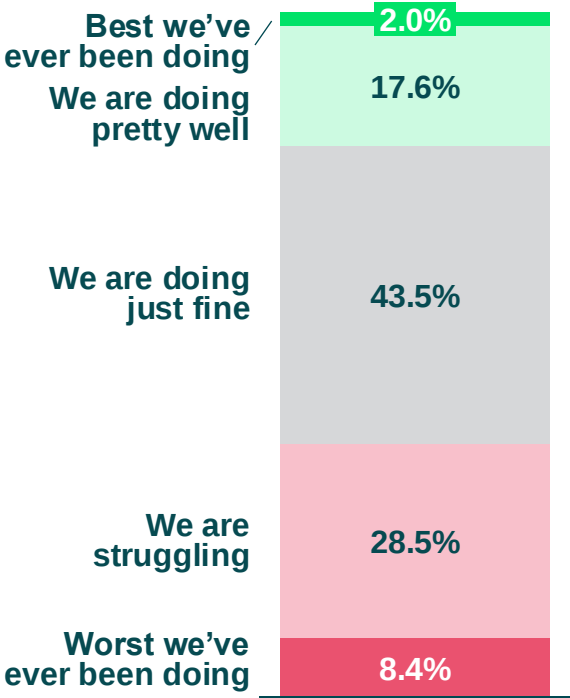
Source: Numerator Canada Monthly Econ Sentiment Survey, 9/10/2025 – 9/15/2025 (N = 1,000)

Canadians' perceptions of their household financial well-being are middling and cautious, with most feeling “just fine” or better

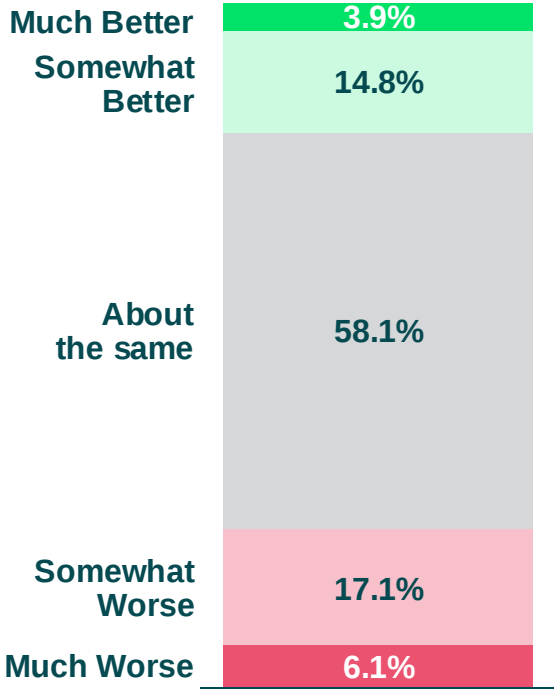
“On a scale of 1 to 10, 1 being the worst and 10 being the best, how would you rank how you and any members of your household are doing in today’s economy?”



“How are you and any members of your household doing in today’s economy?”

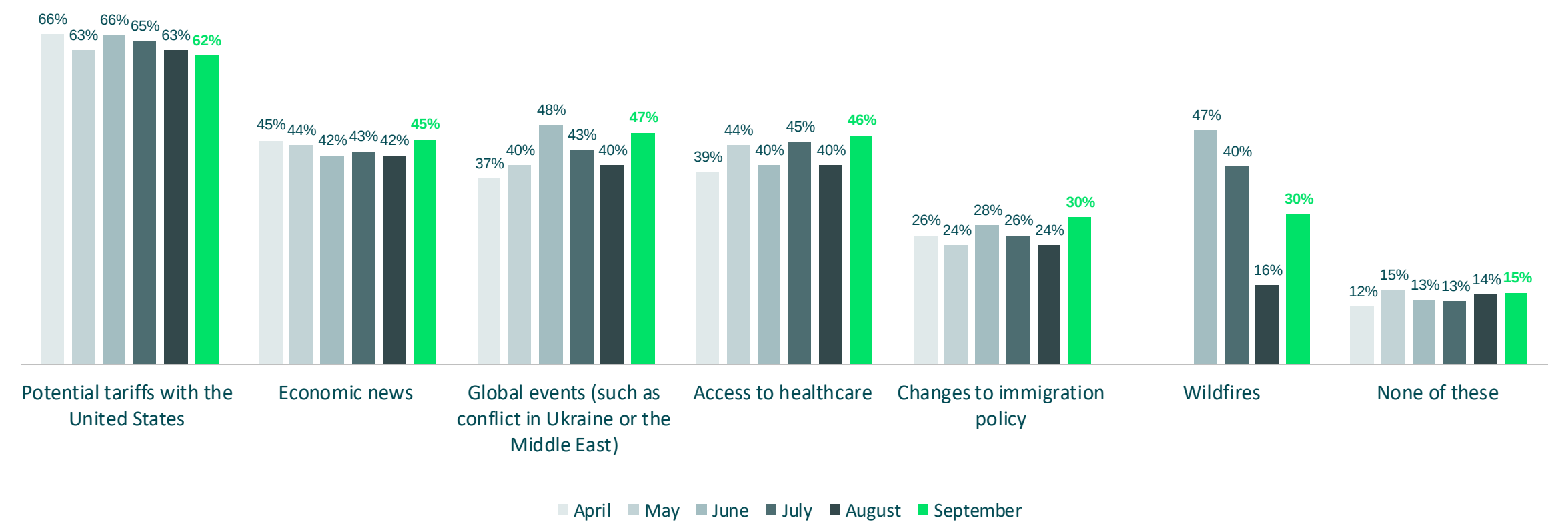


“And looing ahead to 12 months from now, how do you think you and any members of your household will be doing relative to today?”



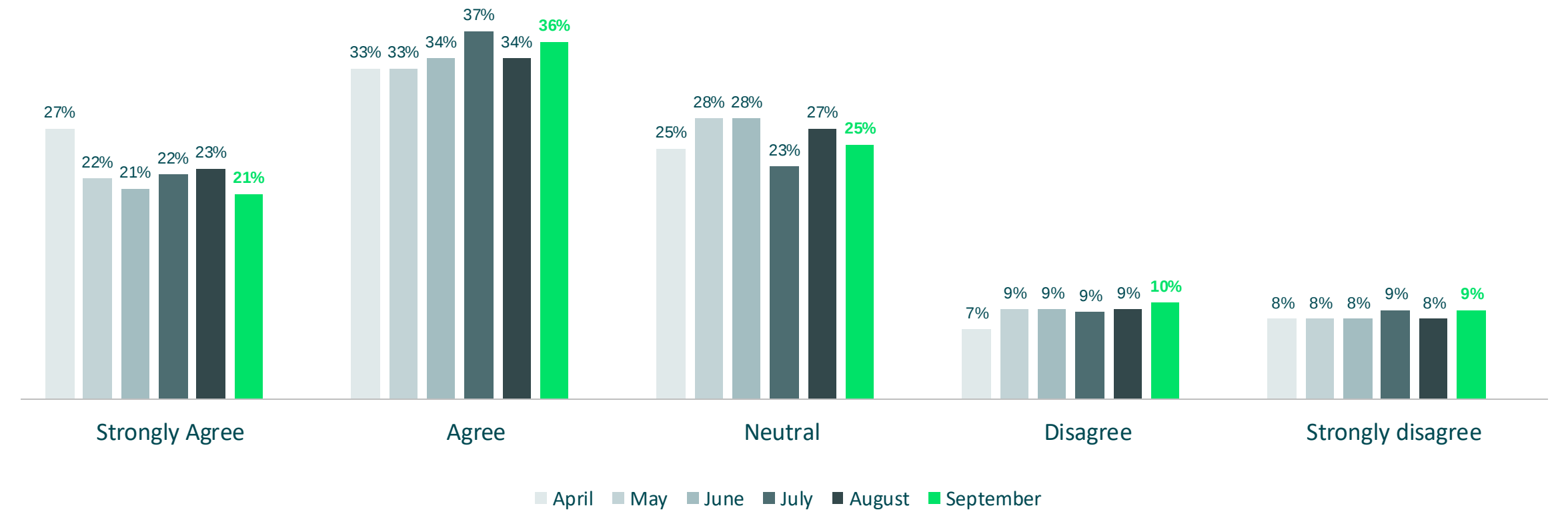
Canadian consumers remain most focused on tariffs and economic news, while attention to wildfires fell, and other issues held steady

EVENTS FOLLOWED BY CANADIAN CONSUMERS



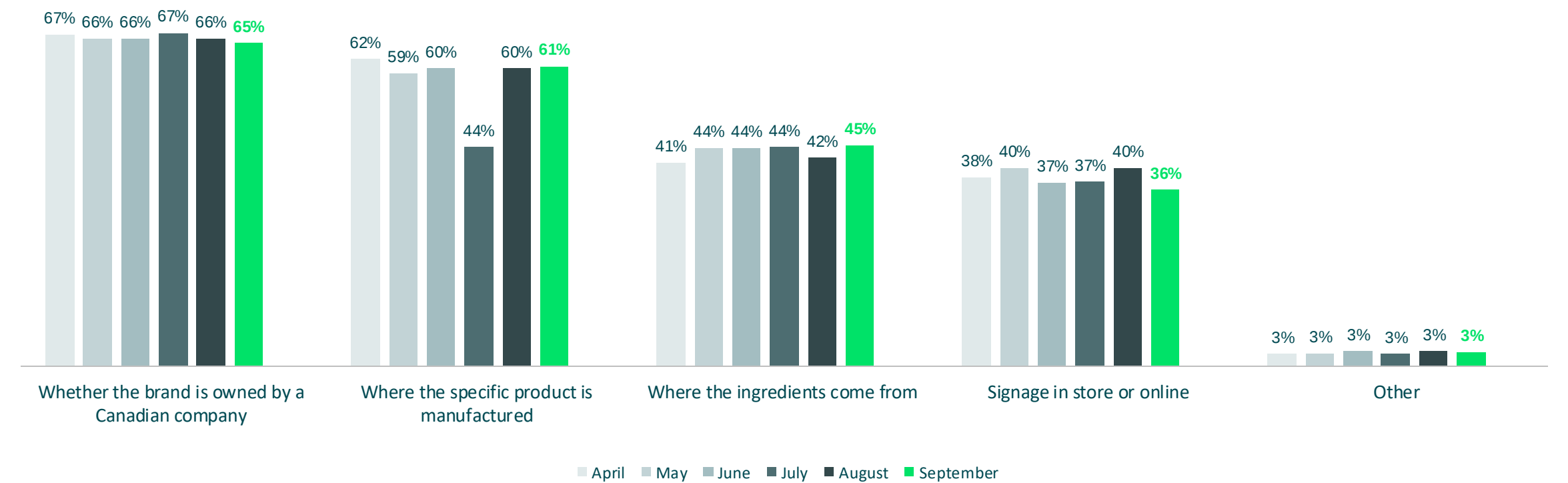
Consumer intent to buy only Canadian-made products is starting to shift in intensity, although the overall sentiment remains high.

LEVEL OF AGREEMENT WITH STATEMENT 'I INTEND TO BUY ONLY PRODUCTS MADE IN CANADA'



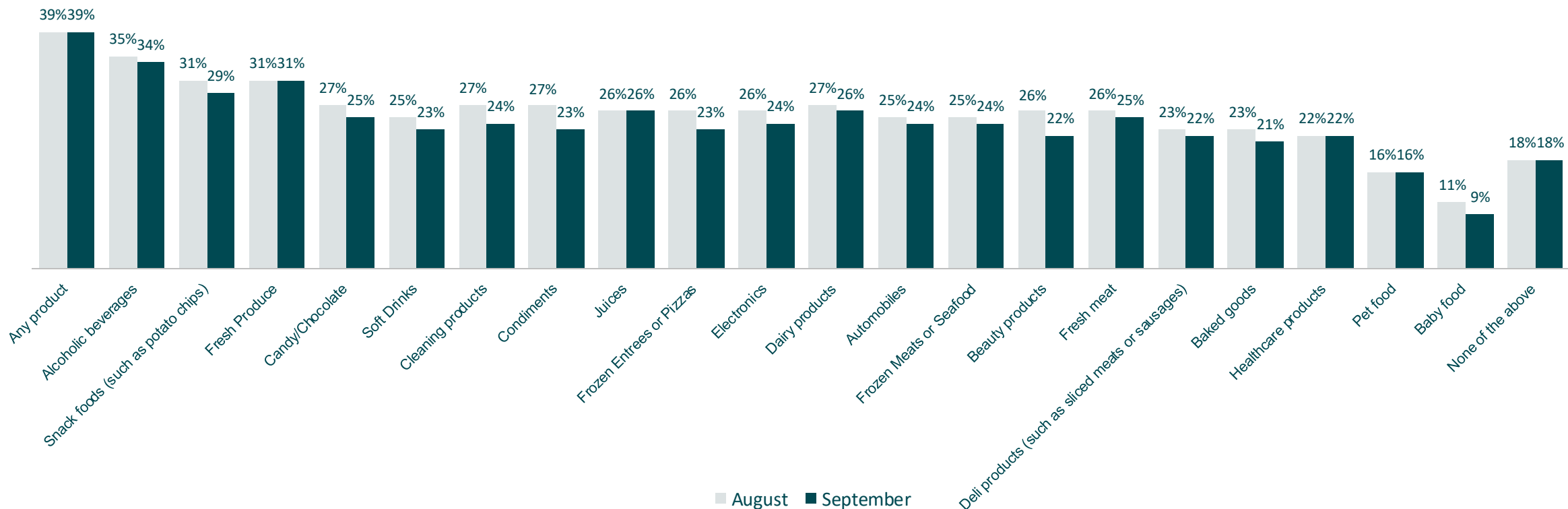
Consumers still most often judge a product as “Canadian” based on brand ownership and manufacturing location

FACTORS EVALUATED WHEN DECIDING IF A PRODUCT IS CANADIAN



Canadians in September showed less intent to avoid certain U.S.-made products (e.g., fresh meat, baked goods) compared to August

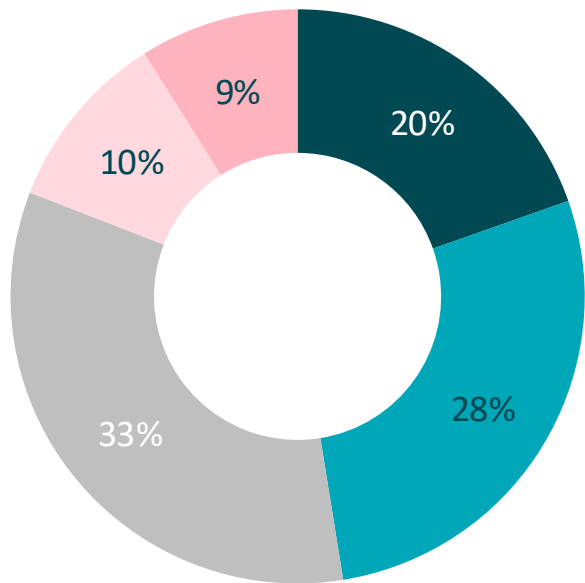
INTENT TO BUY LESS OF PRODUCT TYPE IF MADE IN THE US



Attitudes towards US-owned retailers remained largely stable, with little sign of growing avoidance or preference shifts month over month

August 2025

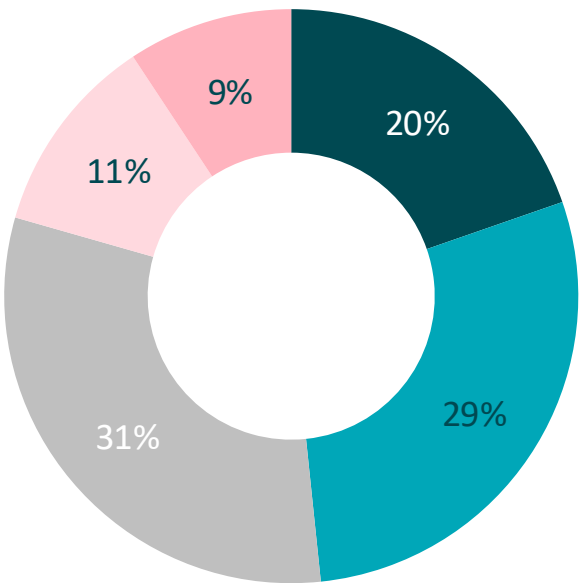
AGREEMENT WITH STATEMENT 'I INTEND TO AVOID SHOPPING AT RETAILERS THAT ARE US-OWNED'



Strongly Agree Agree Neutral Disagree Strongly disagree

September 2025

AGREEMENT WITH STATEMENT 'I INTEND TO AVOID SHOPPING AT RETAILERS THAT ARE US-OWNED'



Strongly Agree Agree Neutral Disagree Strongly disagree

How did these concerns translate into shopping decisions?



Total FMCG Overview, Ontario Shoppers, Q3 2025

Ontarians spent less per household on FMCG products compared to the same period last year, while spend per trip slightly increased.

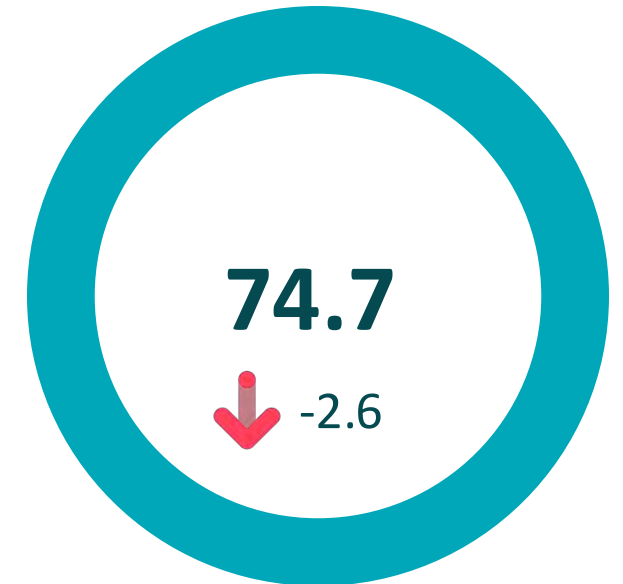
BUY RATE



SPEND PER TRIP



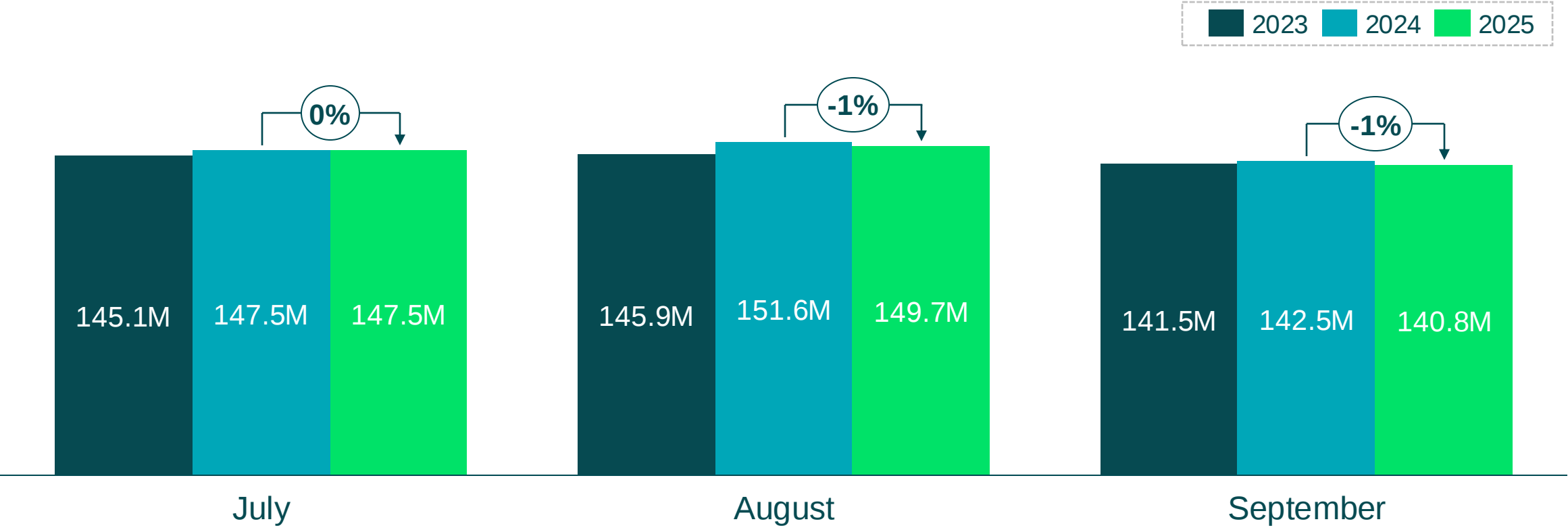
PURCHASE FREQUENCY



Total FMCG Trips, Ontario Shoppers, Q3 2025

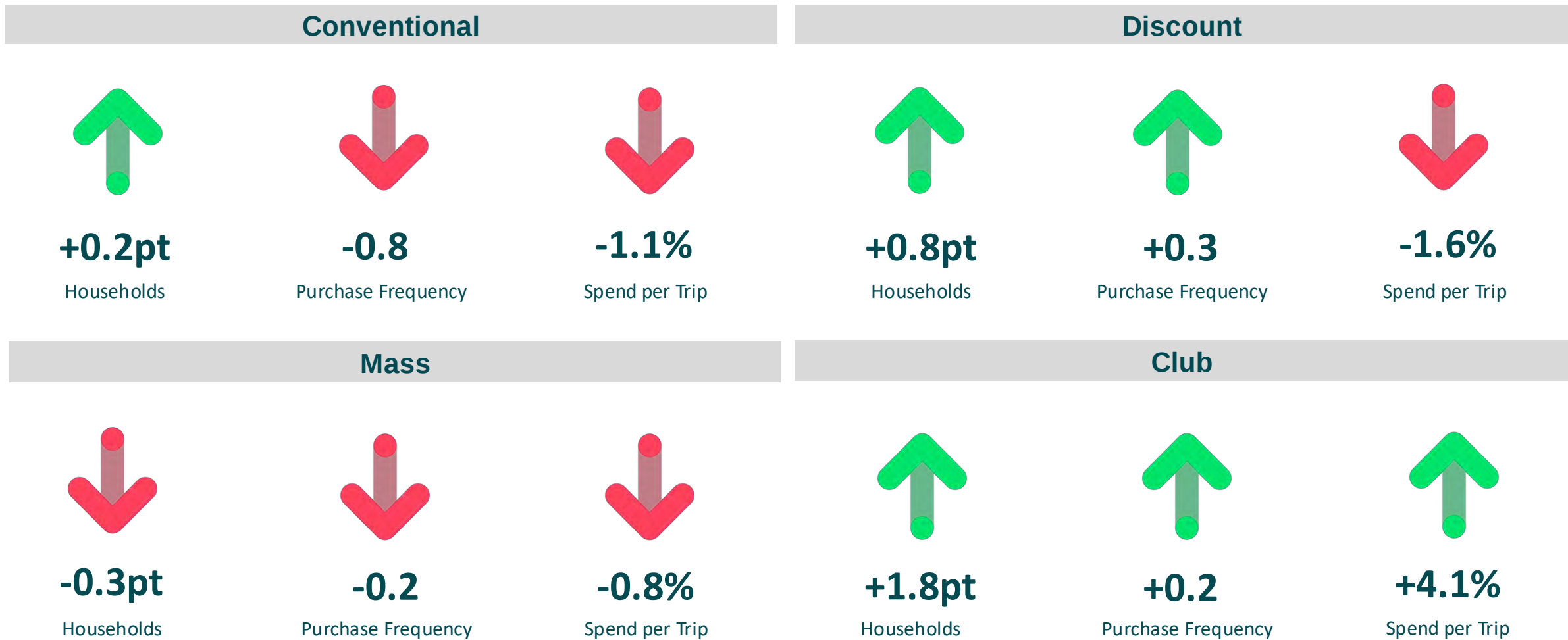
Q3 2025 saw slightly fewer trips than Q3 2024

FMCG Trips, Ontario Total Outlets by Month



Source: Numerator Canada Insights, 2023-2025,

Consumers are exploring various channels, but their spending per trip has decreased across most of them except Club.



Source: Numerator Canada Insights, Q3 2025 vs YA

How did Ontario
shoppers'
Produce purchase
behaviour shift in
Q1 2025?



Total Produce Overview, Ontario Shoppers, Q3 2025

Ontarians spent slightly more on Produce in Q3 2025, with slight increase in spend per trip and purchase frequency

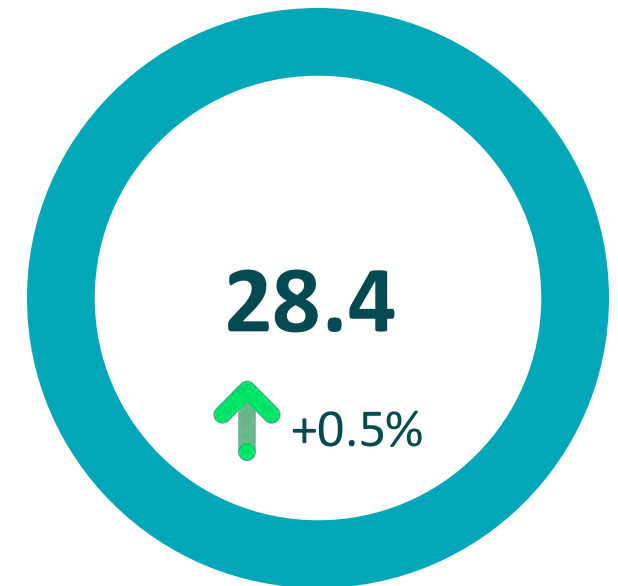
BUY RATE



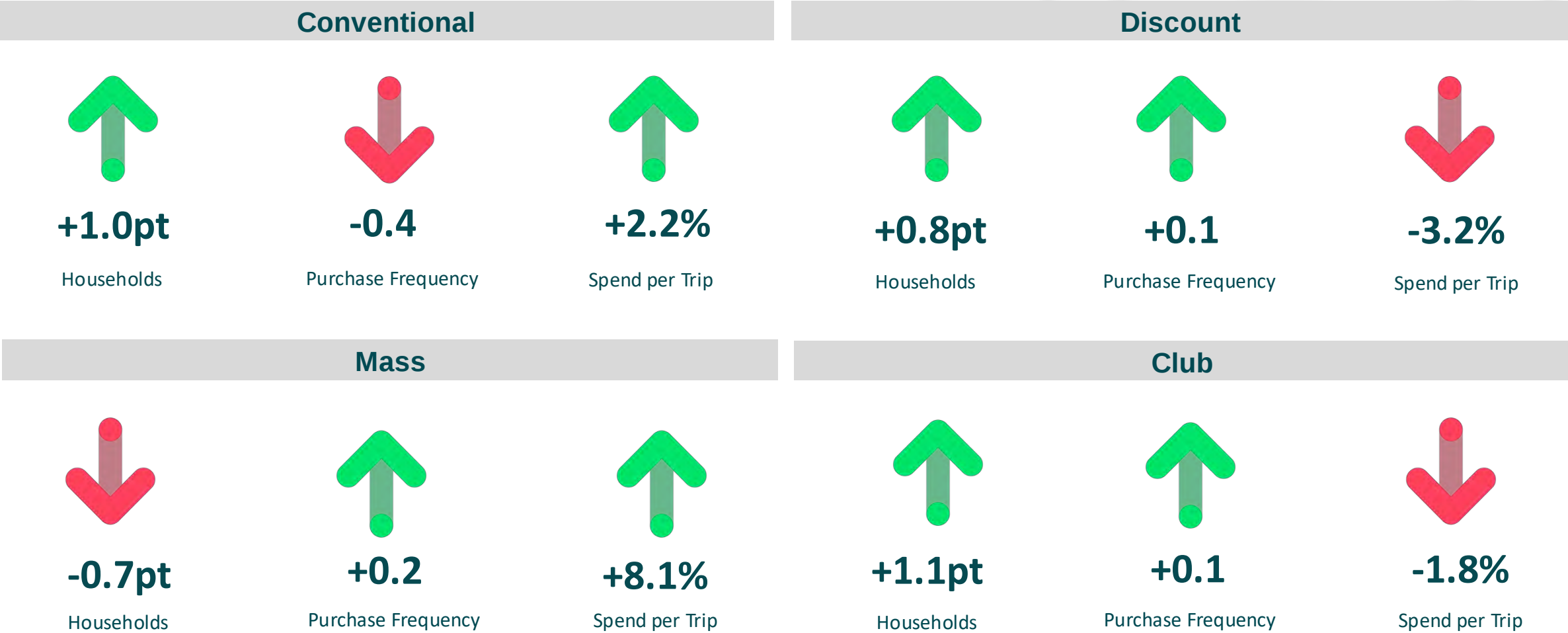
SPEND PER TRIP



PURCHASE FREQUENCY



More Ontarians are buying Produce at Club stores, though spend per trip has slightly decreased



Source: Numerator Canada Insights, Q3 2025 vs YA, Ontario

Vegetable Scorecard

	HH Penetration		Buy Rate		Purchase Frequency		Spend per Trip	
Fresh Tomatoes	77.9%	0.79	\$20.0	-1.6%	5.2	-0.1	\$3.82	1.2%
Fresh Potatoes	76.6%	0.28	\$17.2	-2.2%	3.7	-0.1	\$4.70	0.5%
Fresh Onions	71.8%	1.37	\$12.2	-13.7%	3.4	-0.2	\$3.54	-9.6%
Fresh Cucumber	71.2%	3.22	\$12.6	0.5%	4.5	0.0	\$2.79	1.2%
Fresh Peppers	69.4%	2.11	\$16.4	-3.7%	4.2	-0.1	\$3.95	-1.6%
Fresh Carrots	68.9%	0.55	\$9.2	-6.4%	2.9	-0.1	\$3.22	-4.3%
Fresh Lettuce	62.1%	0.37	\$13.6	-4.1%	3.9	-0.3	\$3.44	2.4%
Fresh Mushrooms & Truffles	52.7%	-0.24	\$11.6	-2.3%	3.1	0.0	\$3.72	-1.8%
Fresh Herbs	51.9%	1.83	\$9.2	2.1%	3.7	0.1	\$2.49	-0.7%
Fresh Corn	49.6%	-0.17	\$6.9	-3.9%	2.6	-0.1	\$2.70	-1.4%
Fresh Broccoli	49.5%	-1.29	\$9.0	-2.5%	2.8	-0.2	\$3.19	3.5%
Fresh Avocado	45.5%	1.43	\$15.7	-5.7%	3.2	0.0	\$4.94	-4.9%
Salad Greens	42.6%	1.27	\$14.5	-4.0%	2.9	-0.1	\$4.92	-1.3%
Fresh Garlic	41.9%	0.82	\$5.0	1.1%	2.1	-0.1	\$2.40	4.6%
Fresh Celery	41.2%	-0.70	\$6.0	1.0%	2.1	0.0	\$2.94	0.6%

Note: The list only includes top 15 categories by household penetration
Source: Numerator Canada Insights, Q3 2025 vs. YA

Fruit Scorecard

	HH Penetration		Buy Rate		Purchase Frequency		Spend per Trip	
Fresh Bananas	86.3%	0.81	\$15.30	5.5%	8.8	0.0	\$1.74	5.5%
Fresh Citrus Fruits	74.5%	0.73	\$21.24	-0.1%	4.5	-0.1	\$4.76	3.0%
Fresh Apples	66.6%	-2.29	\$20.85	7.5%	3.8	-0.1	\$5.53	10.2%
Fresh Melons	66.0%	1.35	\$20.37	3.7%	4.0	0.1	\$5.15	1.0%
Fresh Strawberries	61.5%	3.03	\$20.06	-2.0%	3.9	-0.1	\$5.11	0.3%
Fresh Blueberries	61.4%	5.57	\$17.28	11.6%	3.7	0.5	\$4.65	-2.8%
Fresh Grapes	59.6%	-7.52	\$21.23	-10.6%	3.2	-0.7	\$6.58	8.5%
Fresh Cherries	47.8%	7.29	\$19.09	-5.0%	2.6	0.3	\$7.39	-14.5%
Fresh Peaches	42.7%	0.08	\$14.43	2.7%	2.5	-0.2	\$5.78	11.8%
Fresh Raspberries	42.2%	10.49	\$14.51	1.2%	3.1	0.5	\$4.65	-15.3%
Fresh Pears	30.3%	2.70	\$8.58	2.0%	2.1	0.0	\$4.06	4.1%
Fresh Mangos	25.5%	-0.69	\$12.38	4.8%	2.1	0.0	\$5.84	3.0%
Fresh Blackberries	23.9%	4.74	\$9.78	-1.0%	2.2	0.2	\$4.50	-12.0%
Fresh Pineapple	23.1%	-2.84	\$8.88	-0.8%	1.9	-0.1	\$4.60	5.1%
Fresh Kiwi	19.9%	0.11	\$11.93	12.6%	1.8	0.0	\$6.54	14.9%

Note: The list only includes top 15 categories by household penetration
Source: Numerator Canada Insights, Q3 2025 vs. YA

Surprise Winners & Losers



FRESH
CUCUMBER

3.2% ↑

more households bought
Fresh Cucumber in Q3
2025 vs Q3 YAGO

Those who did
purchase spent...

1.2% ↑

more on Fresh
cucumber per trip



FRESH
FENNEL

0.1% ↑

more households purchased
Fresh Blackberries in Q3 2025
vs Q3 YAGO

Those who did
purchase spent...

39.7% ↑

less on Fresh Fennel
per trip



FRESH
YUCA ROOT

0.3% ↓

fewer households bought
Fresh Yuca Root in Q3
2025 vs Q3 YAGO

Those who did
purchase spent...

25.0% ↓

less on Fresh Yuca
Root per trip



FRESH
KALE

0.3% ↓

fewer households bought
Fresh Kale in Q3
2025 vs Q3 YAGO

Those who did
purchase spent...

15.2% ↓

less on Fresh Kale per
trip

Q3 2025 Ontario Shopper Behaviour Summary



Consumer employment concerns remains high for Q3 2025.

Confidence in the job market continues to decline, reaching its lowest point in recent history



Ontario shoppers spending less overall and going on fewer shopping trips.

Ontarians spent less per household on FMCG products compared to the same period last year, mostly due to fewer shopping trips.



More consumers are purchasing Produce at Club and Discount channels.

More people are going to Club and Discount channels for Produce purchases, but those who buy Produce there are slightly decreasing their spend per trip.



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